

Hello Friends



We send our profound gratitude to you for the trust and support we've received from

you. We feel ourselves lucky to be a part of and to serve the community that was the first to embrace the idea that the two fundamental elements of water and salt could have such a profound positive effect on the body, mind, and soul.

This year we've been able to reach ever larger numbers of people because of you. By word-of-mouth alone, the message has been carried far and wide and many have benefited greatly.

I have always believed that truth is self-evident. Inherent to our nature is the capacity to resonate with the truth at a fundamental level and to distinguish it from untruth.

We often use the expression, "we're vibing," when we feel that another person can relate to and understand us. When this happens, we feel connected to that person in a profound way, we RESONATE with each other, we're One at a fundamental level.

Isn't that what we're all about?

In Resonance,

*Ed Leach, Co-Founder
HimalayanCrystalSalt.com
American BlueGreen, LLC*

Resonance The Language of "Vibing" Together

Resonance is the fundamental language of communication and response. It is how energetic information is transferred from one person to another. It is also the mechanism of harmony. For example, the organs and cells in the body vibrate, each at a

specific frequency; and in the healthy body they resonate in harmony like the different instruments of an orchestra.

In Nature, living things respond to each other by means of resonance. When you say someone has "good" or "bad vibes," you're talking the language of resonance; flowers attract insects by their color frequency and scent, our response to certain kinds of music, the humming of bees, the chanting of monks, the music of the Beach Boys; these are all the effect of resonance.

When we say to someone that, "We're vibing," we feel that the other person can relate to and understand us. When this happens, we feel connected to that person in a profound way, we resonate with each other, we're one at a fundamental level. And this feels really good!

A simple example of this is when someone tells you, "you're cool," or, "you make me happy," you feel good. Why? Because the energy carried in their words, which began as a thought, then spoken to you, affects the water in your body. And your body's water "picks up" or "vibes" with the "hidden message" (or energy) in their words in a way that you can feel. You didn't see their



thoughts or words, but you "felt" them. In reality, everyone is interconnected. Nature is a conscious system in which all phenomena or happenings affect everything in their environment. There's a well-known aphorism, "as you think, so you

become." When we think of any living person, we create an invisible but powerful connection with them on a subtle level. We actually open up a "channel" of communication with that person's subtle energy body. There is an automatic link established, like tuning the dial of a radio to a particular station or frequency. Energy begins to flow (is transmitted) from one subtle energy body to the other. And, because energy always flows from a higher potential to a lower potential, the person with the stronger vibration will affect the one with the weaker vibration. The word "stronger" doesn't mean more positive, it could also mean more "negatively" charged. So just by thinking of someone else, we attract their positive and negative attributes or characteristics.

We've all heard the expression, "A person is known by the company



HIMALAYAN
Crystal Salt™
The Essence of Life



Original
 Himalayan
 Crystal Salt
 possesses
 qualities far
 beyond its
 price.

she/he keeps.” That’s because we all radiate “spheres of influence.” These are fields of energy that are a manifestation of our thoughts, which dictate our actions and our lifestyle. If you associate with physically strong or intellectual people, chances are good that you too will become strong or intellectual. Likewise, if you hang around thugs, there’s a strong possibility that their vibes will “rub off” on you and you too will be “pulled” in this direction. We all tend to “gravitate” to people whose vibrations are similar to ours because we resonate with them. We “vibe” with them and resonance feels good. Likes attract likes! This is an unchangeable law and cannot be altered. Who do you want to be?

The simplest way get our friends or loved ones resonating together is by taking a teaspoon of Original Himalayan Crystal Salt Sole each morning. Because the salt will introduce the exact same vibration frequency to everyone, we will all be resonating at the same frequency. Fundamentally, we will all be One. Once you begin to feel the positive effect of the salt’s energy, you will automatically begin resonating those effects to others, without speaking a word.

Looking at our life from the perspective of vibration, energy, life force and consciousness, we soon begin to see that there are energies we wish to attract and those we wish to repel. That’s why it’s best to keep a positive mental attitude and a smile on your face. You will affect others that come into your field of “good” vibes and you will attract more of this kind of energy to yourself from the Universe.

Ultimately, we’re all being inextricably “pulled” towards the highest vibration or “purest” energy. This energy is the unmanifested ocean of conscious energy that we collectively refer to as Universe, God or Love. God=Love. Love cannot be taught. Love is like an infectious disease. It can only be caught from someone who is infected with it.

Wouldn’t you like to become infected?



WHY WOMEN CRY

A little boy asked his mother, “Why are you crying?”

“Because I’m a woman,” she told him.

“I don’t understand,” he said.

His Mom just hugged him and said, “And you never will.”

Later the little boy asked his father, “Why does mother seem to cry for no reason?”

“All women cry for no reason,” was all his dad could say.

The little boy grew up and became a man, still wondering why women cry.

Finally he put in a call to God. When God got on the phone, he

asked, “God, why do women cry so easily?”

God said: “When I made the woman she had to be special.

I made her shoulders strong enough to carry the weight of the world, yet gentle enough to give comfort.

I gave her an inner strength to endure childbirth and the rejection that many times comes from her children.

I gave her a hardness that allows her to keep going when everyone else gives

up, and take care of her family through sickness and fatigue without complaining.

I gave her the sensitivity to love her children under any and all circumstances, even when her child has hurt her very badly.

I gave her strength to carry her husband through his faults and fashioned her from his rib to protect his heart.

I gave her wisdom to know that a good husband never

hurts his wife, but sometimes tests her strengths and her

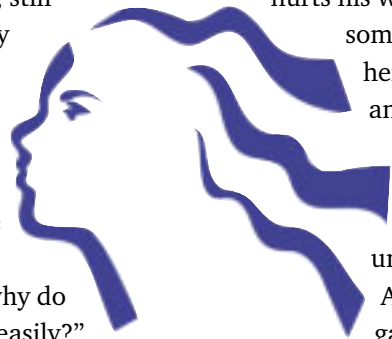
resolve to stand beside him unfalteringly.

And finally, I gave her a tear

to shed. This is hers exclusively to use whenever it is needed.”

“You see my son,” said God, “the beauty of a woman is not in the clothes she wears, the figure that she carries, or the way she combs her hair. The beauty of a woman must be seen in her eyes, because that is the doorway to her heart - the place where love resides.”

Author Unknown



ORIGINAL HIMALAYAN CRYSTAL SALT NOW IN MANY NATURAL FOOD STORES

If you're lucky enough, you can now get our Fine Granulated Original Himalayan Crystal Salt, in our new convenient glass jar with a rubber sealed hardwood top and a genuine wooden spoon, at the health food store close to you. We're proud that many retailers have joined with us to make our products available to more people who recognize great value and real benefits.



Ask your local Health Food or Natural Foods store to make "The Original" available to you too!

This product is only available in "brick & mortar" stores.

VIBE WATER NAMES OHCS AS A KEY INGREDIENT

Vibe Water joins the family of food producers offering Original Himalayan Crystal Salt (OHCS) to energy-conscious individuals.

Water expert Chris Winters, co-founder of Global Water Solutions, Inc., has formulated his latest generation of energetic, microstructured water products aimed at rapid hydration and focused energy.

"Vibe Water is more than H₂O - Vibe Water is an ENERGY infusion for your body.", says Chris.

Knowing that water carries information in the form of energy, Vibe Water has taken advantage of its energetic potentials and has created a super-hydrating and energizing drinking water.

Because of the supreme bio-energetic properties of Original Himalayan Crystal Salt, the electrolyzed Vibe Water is able to hold patterns of specific energy frequencies for an extended period.

"The salt makes the water "super charged", says Winters. "Because of OHCS, our Vibe Water holds more available energy than most sports drinks on the market. And the salt also helps to produce the distinctively, silky smooth texture of Vibe."

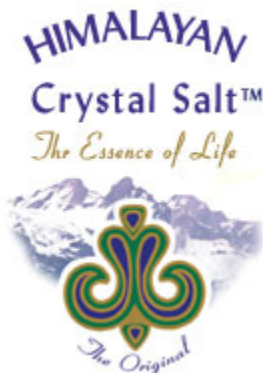


Visit Vibe Water at : www.VibeWater.com

WHAT IS IT ABOUT SALT CRYSTALS?

We don't normally think of salt in terms of nutrition or energy, but salt is, in fact, a basic example of energy in a solid form. Millions of years ago, when the primal oceans of the Earth were evaporated by the heat energy of the sun, the salt, which was before dissolved in the water, was left behind. What happened to all the energy that was expended by the sun and was used to evaporate the water? It is still locked within the crystalline structure of the salt, waiting only to be released again. Combine that with the tremendous energy required to push the Himalayan Mountains skyward, and the enormous pressure under which the salt was fused together into perfect, diamond-like crystals inside the mountains, and you can begin to understand the energy potential lying in reserve within the crystals of salt. This is what distinguishes The Original Himalayan Crystal Salt™ from all other salts in the world.

The Original Himalayan Crystal Salt has sparked a revolution among diverse but related fields within science, medicine, nutrition, metaphysics and the culinary arts. Once again, a highly advanced culture turns its attention to the salt, seeking to understand the hidden message of life held within the crystal's geometrically perfect structure. Because salt is a crystal, and crystals store and transmit information, some believe that the ancient salt crystals from the Himalayan Mountains hold the memory of something we have forgotten and, possibly, the blueprint of what's to come. What can they tell us? They speak to us from a distant past, in whispers to some and shouts to others, across the span of countless eons. Original Himalayan Crystal Salt reminds us of both our origin and our greatness and may help to provide a clue as to our destiny.



MAKING SOLE IS EASY

10 REASONS WHY YOU SHOULD BE TAKING ORIGINAL HIMALAYAN CRYSTAL SALT (OHCS) SOLE EVERY DAY.

1. Sole is the source of all life.
2. Your body can absorb the 84 minerals and trace elements held in the salt.
3. Sole will balance all of your body's energy deficits.
4. You can be liberated from your polarity, freeing yourself from space and time.
5. You can experience unlimited energy.
6. Sole will give your body the exact vibration it is missing, putting your body in resonance.
7. Sole can normalize your blood pressure.
8. Sole can harmonize your body's, acid-alkaline (pH) balance.
9. Sole can weaken addictions.
10. Sole dissolves and releases crystallized deposits, the cause of rheumatic diseases and kidney and gallstones.

One teaspoon of OHCS Sole = 382mg of natural Sodium. The human body requires 500mg per day just to live. The USDA recommends a maximum of 2,500mg, of Sodium per day for the average adult. The average Sodium intake in the U.S. is over 5,000mg. per day. . . mostly of poisonous, refined sodium chloride, common table salt.

Great are human beings. We have in us a drop of the Divine Consciousness like everything else in creation. Though apparently we look like puny children of clay, yet we have untold possibilities hidden within us.



Everyone knows that salt dissolves in water, right? But did you know that if you keep adding salt to a glass of water you'll get to a point where the water becomes super-salty or saturated with salt? Did you also know that when the water becomes super-salty or saturated with salt that the salt will just sit on the bottom of the glass without dissolving? This is exactly what Original Himalayan Crystal Salt™ Sole is, super-saturated, salty water. Here's how to make it.

Place 1 inch of Original Himalayan Crystal Salt stones in a glass jar, preferably one with a lid. Add 2 to 3 inches of good quality artesian or spring water above the stones, completely covering the crystals with water. Let sit overnight.

If all the salt crystals have dissolved, add a few more salt crystals to the water. Your Himalayan Crystal Salt Sole is ready when the water becomes fully saturated with salt and cannot hold any more. The salt will no longer dissolve at this stage. Your finished Sole should resemble the photo at left. There should always be salt crystals in the jar. As you use up the Himalayan Crystal Salt Sole, after some time, add more water and more salt until the water is again saturated. Remember, there should always be undissolved salt crystals on the bottom of the jar. This is your visual proof that the water is totally saturated with salt.

Each morning, before eating or drinking anything, add one teaspoon of the Himalayan Crystal Salt Sole to a glass of artesian or spring water and drink it. Your body will receive the energetic vibration pattern of the Himalayan Crystal Salt and hold it for 24 hours. Keep the container covered to prevent the water from evaporating. Otherwise, no special storage is needed. The fully saturated Himalayan Crystal Salt Sole will keep forever! Salt is a natural anti-bacterial and natural fungicide. It simply cannot spoil or go bad.

INSPIRE SOMEONE WITH YOUR TRUTH

Inspiration is one of the most powerful energies that we can generate.



Your sincere and truthful experience with our Original Himalayan Crystal Salt can inspire others to try it for themselves, and just possibly, forever change their lives for the better.

There's two ways you can participate.

- With our Instant Audio capabilities we will put your inspiring experience on our website today. Click on this link and follow the 4 Easy Steps! <http://tinyurl.com/9kx7x>

Or . . .

Just Call

1 800-604-4006

then enter the ID# 4083829 and follow the simple instructions.

It will only take a minute but your story can last forever. . .

- Visit our website at:

www.himalayancrystalsalt.com and click on Forum in the upper left side of any page. Here you can say anything you like. You can even enter into discussions with me and ask questions.



SPRINKLE IT ON

One night at the dinner table, the wife commented, "When we were first married, you took the small piece and gave me the larger. Now you take the large one and leave me the smaller. You don't love me any more..." "Nonsense, darling," replied the husband, "you just started using better tasting salt now."



"My mind is especially empty today."



Though Mary Kate and Ashley are still into burgers and fries, notice that they have no wrinkles. It's the salt!

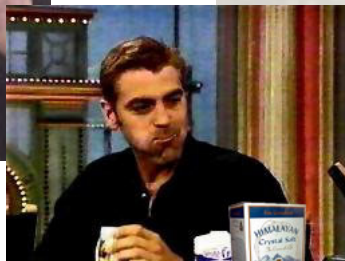
Michael, wanting a little protection from "negative vibes," wears our "The Original" trademark on his tie. Smart move!



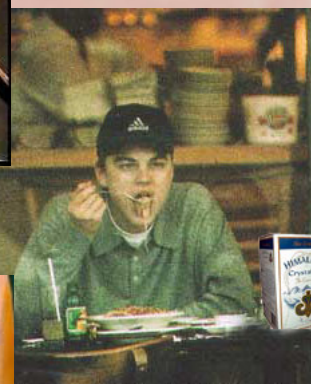
"George loves this salt like his first puppy. I can't get him to leave it at home. He's takes it with him everywhere he goes."



Sex in the city, or anywhere else, can be risky. Give yourself an edge with Original Himalayan Crystal Salt Sole every day.



"I don't know why, but Laura Bush tells everyone that she's trying to get me to leave my salt at home. No way!"

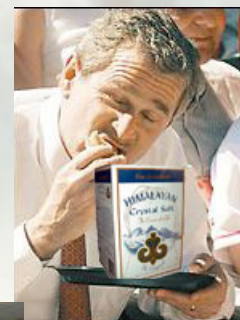


Lost in thought as he eats his spaghetti, Leonardo dreams... "The secret to Howard Hughes' fortune lay in possessing this powerful, precious salt. Now, I too will be able to buy an airline or two"



When Susan Sarandon does salt, or anything else, she really does it well.

Astronaut John Glen presents Mr. Clinton with the original "The Original" box he brought back from space. This stuff is really ancient!



Exactly as his wife said.



SALT FACTS

Where Did Soda Pop Originate?

In 1792, sodium bicarbonate, soda, was made from mother liquor (the dark, blood-red water that remains after common table salt precipitates out of brine). Soda found in Nature had been used since ancient times in early industries such as glass-making. Natron is a form of soda (the German word for sodium is natrium - salt is natrium chloride). Sir Humphry Davy named sodium after soda because it was one of the element's best known compounds.

Sodium hydrogen carbonate, bicarbonate of soda or baking soda, is used in food as well as for glassmaking and textiles. By the time of the Civil War, commercially made soda was common, and soda fountains had already become widespread in America. A popular Women's magazine published this recipe for making carbonated drinks.

Put into a tumbler lemon, raspberry, strawberry, pineapple or any other acid syrup, sufficient in quality to flavor the beverage very highly. Then pour in very cold ice-water till the glass is half full. Add half a teaspoon of bicarbonate of soda and stir it well. It will foam up immediately, and must be drunk during the effervescence.

By keeping the syrup and the carbonate of soda in the house, and mixing them as above with ice-water, you can at any time have a glass of this very pleasant drink, precisely similar to that which you get at the shops. The cost will be infinitely less

Godey's Lady's Book, 1860